GLOW

I am proud that...

gROW

I need more practice, so...

Goals

Developed by:

_____

On

_____

Goal 1 - Learner Profile / Character:

_____

Goal 2 - Approaches to Learning:

_____

Goal 3 - Personal:

_____

I do my best to help others succeed.
I speak up for the rights and needs of others.
I use strategies to prevent and eliminate bullying.

Approaches to Learning: Social Skills - Interpersonal

I care for the needs of others.
I have an open mind and understand the power of appreciating difference through practicing respect.

Approaches to Learning: Social Skills - Interpersonal

I am aware of how my actions impact a group.
I practice and encourage cooperative behaviors.

Approaches to Learning: Social Skills - Interpersonal

I am able to react reasonably to challenging situations. I can act as a mediator when others are in conflict.

Approaches to Learning: Social Skills - Interperonal

I am aware of what causes different emotions in me. I understand that my perception of myself can vary from how others perceive me.

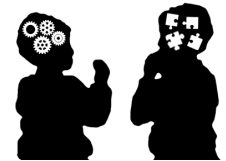Approaches to Learning: Social Skills - Social & Emotional

I vary the roles that I take on when cooperating or collaborating.

Approaches to Learning: Social Skills - Interpersonal

I plan a balanced schedule for myself.
I prepare and organize for different tasks.
I create a system for documenting my learning.

Approaches to Learning: Self-Management Skills - Organization

I use technology effectively and productively.

Approaches to Learning: Self-Management Skills - Organization

I set short and long term goals that are challenging and realistic. I take on and complete tasks in a given timeframe.

Approaches to Learning: Self-Management Skills - Organization

I understand what I am driven to do.
I identify whether the incentive to achieve comes from within or outside influences.

Approaches to Learning: Self-Management Skills - Organization

I take responsibility for my actions.
I use strategies to help manage stress and extreme emotions.

Approaches to Learning: Self-Management Skills - States of Mind

I manage setbacks in a productive way.
I use adversity, disappointment, and a change in circumstances as catalysts to reflect, reevaluate, and recalculate my plan

Approaches to Learning: Self-Management Skills - States of Mind

I generate new ideas and inquiries inspired by exposure to different experiences and resources. I make unexpected connections.

Approaches to Learning: Thinking Skills - Creative Thinking

I am able to formulate an argument based on evidence and question those that are not. I make connections between ideas, perspectives, and challenges.

Approaches to Learning: Thinking Skills - Critical Thinking

I draw conclusions and make generalizations. I create, develop, and defend solutions using supporting information.

Approaches to Learning: Thinking Skills - Critical Thinking

I formulate "what if" questions and use them to drive my inquiries. I am flexible in my thinking and express this in a variety of ways.

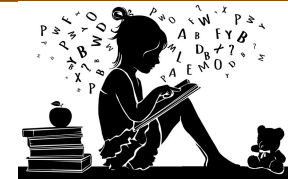**Approaches to Learning: Thinking Skills - Creative Thinking**

I break ideas into smaller parts.
I am able to look for patterns, similarities and differences. I identify unique features.

I connect and combine knowledge and skills for use in different situations,
in an outside of school.

I predict the steps that I need to take in an inquiry and use these to make a plan. I select appropriate tools and sources to help with my inquiry.

I gather information from a variety of sources.
I use all my sense to notice details. I identify the most appropriate method to record details of my findings.

I sort and categorize information. I take relevant bits of information from different sources and put it together into a format that makes sense.

Approaches to Learning: Research Skills - Information Literacy

I identify patterns and relationships from data and information I have gathered. I recognize my sources when I communicate my findings.

Approaches to Learning: Research Skills - Information Literacy

I use online platforms to find information. I use critical thinking skills to assess information I find online.

Approaches to Learning: Research Skills - Media Literacy

I am principled and show integrity when interacting with media. I consider the impact of the choices I make on others.

Approaches to Learning: Research Skills - Ethical Use

I listen to directions and instructions and ask clarifying questions when necessary. I listen to information and the perspectives of others respectfully.

Approaches to Learning: Communication Skills

I recognize, create and make meaning using symbols, signs, and sounds. I am aware that my body language and facial expressions can give others lots of information.

Approaches to Learning: Communication Skills

I speak clearly to express ideas so they make sense to others. I share my ideas and opinions in small and large groups.

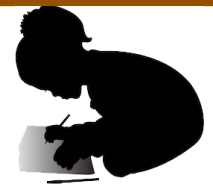**Approaches to Learning: Communication Skills**

I read a variety of texts for entertainment and information. I reflect and questions what I read to make connections with and beyond the text.

Approaches to Learning: Communication Skills

I write for different purpose and audience.
I use tools to assist with planning and drafting
of a written piece.

I select the most effective way to communicate
depending on the audience. I adjust my communication
method to suit different audiences.

I work hard, and I play.
I rest when I need to rest.

Learner Profile: Balanced

I try new things.
I challenge myself.

Learner Profile: Risk-taker

I am learning new things.
I share what I know.

Learner Profile: Knowledgeable

I am learning another language.
I share my ideas.

Learner Profile: Communicator

I show integrity.
I am responsible for myself.

Learner Profile: Principled

I think about questions.
I try to find answers.

Learner Profile: Thinker

I am curious.
I ask questions.

Learner Profile: Inquirer

I care about others.
I care about where I live.

Learner Profile: Caring

I listen to others' ideas.
I appreciate differences.

Learner Profile: Open-Minded

I can set goals for myself.
I am responsible for my learning.

Learner Profile: Reflective